



Celebrating the flower power of RCCT in this March issue

At a Glance

- Governor's Visit
- AAMT Army: portable toilets
- Bangalore Days
- Speaker Meeting : Ann Mala



April Highlights

- Annual Day at Anjugam School
- Speaker meeting
- Fellowship



Chartered on 10th June, 1998.
Charter number: 51278



Rtn Shalin Shah
President



Rtn Sanjey Ahuja
Secretary

Governor Visit

17th March

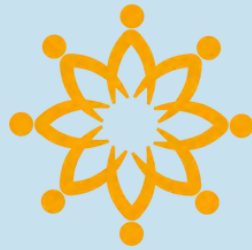


The Governor's visit this year was held at The Connemara, Chennai, on the 17th of March. The event was well-attended by RCCTians and a good number of esteemed district officials. Along with the usual agenda of presenting this year's projects by Secretary Rtn Sanjay Ahuja, speeches by our President Shalin Shah and the Governor Rtn Mahaveer Bothra, we inducted a new member - Rtn Venkatesh and Ann Nikitha.









Community Service: Medical

Director: Rtn. Satish Kandimalla

Medical Camp

Anna Salai Head Post Office

11th March



Total Count- 164

Detected the following:

Diabetic - 8

Hypertension - 15

Hepatitis B - 1

Hepatitis C - Nil



Medical Camp

Narikuravar colony, Kotturpuram
14th March



Total Count- 176

Detected the following:

Diabetic - 0

Hypertension - 1

Hepatitis B - Nil

Hepatitis C - Nil



Medical Camp

Lokathamman Kovil, Pulianthope

15th March



Total Count- 106

Detected the following:

Diabetic - 23

Hypertension - 11

Hepatitis B - Nil

Hepatitis C - Nil



Medical Camp

Kathivedu Church

16th March



Total Count- 31

Detected the following:

Diabetic - 10

Hypertension - 4

Hepatitis B - Nil

Hepatitis C - Nil



Medical Camp

Ambedkar Welfare Association, Otteri
18th March



Total Count - 84

Detected the following:

Diabetic - 21

Hypertension - 5

Hepatitis B - Nil

Hepatitis C - Nil



Medical Camp

Warehouse , Madhavaram
20th March



Total Count- 55

Detected the following:

Diabetic - 8

Hypertension - 2

Hepatitis B - Nil

Hepatitis C - Nil



Medical Camp

Egankipuram, Perambur

23rd March



Total Count- 55

Detected the following:

Diabetic - 11

Hypertension - 7

Hepatitis B - 1

Hepatitis C - Nil



Ongoing projects:

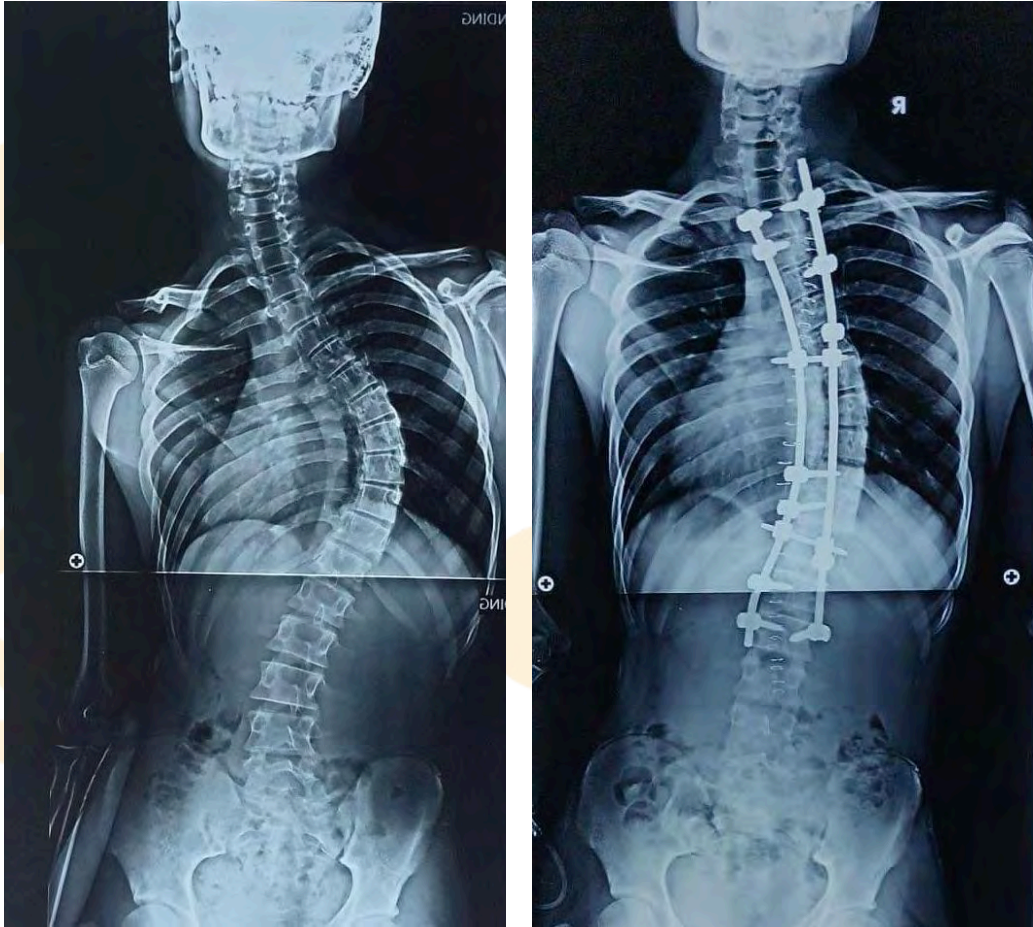
Balanethra

11 babies were
operated on as part
of our project in
March 2025

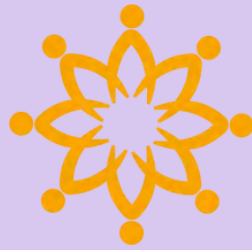


Glad to share that the number of Bal Nethra babies has reached 100 this Rotary year. This milestone was made possible, thanks to the dedicated efforts of PP Rtn Dr. Vasumathy, Spouse Dr. Praveen and the team at Radhathri Nethralaya, with valuable support from Rtn Anand.

Fundraising for the year



Yogeswaran, a class 9 student with Scoliosis, was successfully operated on by Rtn Dr Vignesh Pushpraj on 24th March. The boy has started walking without support without any neurological defect/paralysis. On behalf of the club, Ann Anuradha met the boy and his family members on 27th March and was delighted to find him walking with a smile and expressing his wish to play cricket.



Community Service: Non Medical

Director: Rtn. Rukmani

Akshayam

Weekly distribution of food packets

March 6th, 13th, 20th, 27th



Our weekly project of distribution of food packets at Cancer Institute Adyar continued in March, with support from members and their families.



Project Aqua Joy

March 1st



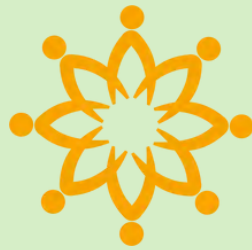
We sponsored refreshments for a beach outing for a group of individuals with mental challenges. They gathered with a joyful spirit, embracing the beauty and gentle breezes of the shore. This project was suggested by Rtn Ajoy.

Aaravir

AAMT -Army access to Mobile Toilets



We provided mobile toilets to the Indian Army Gorkha regiment. A few have been deployed at Banaswadi Veterans Camp, Bengaluru & 6 sets will be taken to remote locations where Indo - US armies are having joint training exercises. RCCT has made the lives of soldiers (India & USA) a little more comfortable & dignified in difficult terrains. This entire project was completed with support from Rtn Aarthi Varanasi and Spouse Ravi Varanasi.



Youth Service

Director: Rtn. K P Jayashree

RYLA



RYLA 2025 was successfully completed with the active participation from RCCT, Rotaract club of Patrician College, Chennai towers, Saveetha College of physiotherapy & Vivekananda College. The students had a great time at Farmguru experiencing one day as a farmer, ploughing the field, sowing the seeds, harvesting paddy and enjoying village life. They enjoyed the experiences of pot making, bullock cart ride, tractor ride, fishing, uri adi and pump-set kuliya. We had 41 Rotaractors with a faculty member and 10 of our RCCTians in attendance.

Thanks to Rtn Sam & Rtn Karthik for addressing the students. Rtn Seshasayee & his team at Farmguru had made the meticulous arrangements at the farm. A big thanks to President Shalin, Secretary Sanjay, Rtn Ajoy, Satish Kandimalla, Anns Lakshmi Ajoy, Monika & Spouse Prithvi for taking the time out to join us on a Sunday. We were all given an organically cultivated pack of rice and vegetables as a return gift.





Club Service

Director: Rtn Anandhakrishnan

Bengalore days!

March 7th - 9th



The women of RCCT enjoyed a weekend in Bangalore - featuring vineyard tours, shopping, a luxurious cinema experience, and exquisite dining

Speaker Meeting

27th March



Ann Mala Vijaykumar, spouse of PP Rtn Vijayakumar inspired us with her talk on her unforgettable experience climbing Mount Kilimanjaro, on 13th March. It's the highest free-standing mountain above sea level in the world, at 5,895 m above sea level and 4,900 m above its plateau base. Listening to her experiences was an eye-opener for many of us who are not familiar with the hardships of a trekker's life.

"It's been a thrilling and deeply emotional experience for me", said Ann Mala. RCCT salutes her dedication and commitment.

RCCT in 3233

District Conference: Navarathna



District Conference plays a pivotal role in inspiring and uniting the clubs as well as Rotarians in the district. India is one of the Rotary countries where District Conferences are well-attended by Rotarians and Anns. Rotractors representatives from the local community and media made the meetings memorable and purposeful.

PP Rtn Krishnachander from RCCT club was in charge of District Conference Registration. Secretary Rtn Sanjey Ahuja represented the club at the inaugural ceremony.

RCCT in 3233



District Officers Learning Seminar

21st, 22nd and 23rd March at Kodaikkanal



DOLS (District Officers Learning Seminar) & AGLS (Assistant Governors Learning Seminar) were held on the 21, 22 & 23rd March 2025, at Hotel Carlton, Kodaikanal. The District Learning Facilitator PDG Rtn Dr Nandakumar had meticulously planned the entire event. It was packed with learning, knowledge sharing and practical sessions. An array of PDGs participated and shared their experiences and also conducted training in various topics. The two evenings were filled with fellowship with entertainment. Certificates were distributed to all participants for successfully completing the learning process on a Valedictory session on the final day.

From RCCT, we had Past Presidents Rtns Satish Jupiter - incoming AG, Rtn Krishnachander - incoming DTTS chairman and Rtn Srikumar - incoming secretary for the District Conference, attended the event.





RCCT in 3233



On 29th March, PP Rtn Dr Vasumathy was invited by Rotary Avoidable Blindness Foundation and Rotary Club of Bangalore to speak on ROP for the third National Rotary Conference on Community Ophthalmology. She met 29 members from Rotary club of Bangalore Abilities who despite their need for special care, are dedicated and committed to serve the society.



Rotary events around the world

In keeping with the theme of March, we bring you info about when women were integrated and recognised by Rotary.

Ann to UN and RI President

1950: An enactment to delete the word Male from the standard Rotary clubs in India for the council on legislation meeting at the 1950 Rotary convention

From 1951 – 1987: It was debated at various national and international conferences to induct women as independent members petitions were filed in courts and finally decision was taken in 1987. And on 4th May, Rotary International issued a statement that any Rotary club in the United States and elsewhere can admit qualified women into membership.

28th May 1987: The Rotary Club of Marin Sunrise California became the first club with women as charter members. Sylvia Whitlockk of the Rotary club of Duarte California becomes the first female president of a Rotary club.

1990: Women were welcomed into Rotary clubs around the world.
There were about 20,200 female Rotarians all over the world

Women became District governors and in 2005. Carolyn E Jones began her term as the first woman trustee of the Rotary Foundation . After this each year women from various clubs have been appointed as RI Treasurer RI Vice president and vice chair of the Rotary Foundation and various posts in District and RI.

The first club with a woman President was Rotary club of Madras Temple city. PDG Rtn Rekha Shetty was the Charter President of the club and later became the first lady Governor of a district in the whole of Southeast Asia .

2022: Jennifer Jones began her term as the first female president of Rotary international.

(Source credit President elect year 2026-27 Rtn Dr Sumedha Nandakumar)



Achievements



Annet Aditi Chabbria, daughter of Rtn Kailash Chabbria and Ann Rithika Chabbria, received Gold Medal for securing the first rank in the department of Digital Journalism from Loyola College Chennai on the occasion of 100th Annual Day Function of the College.



Annet Diya Nandakumar, daughter of Rtn Dr Sumedha Nandakumar and spouse PDG Rtn Dr Nandakumar, was part of the winning team in the Jean Harris Throwball tournament



Annet Siddarth, son of Rtn. Sanjay Ahuja and Ann Ektha Ahuja, took 7 wickets each in two matches, including a hat-trick.

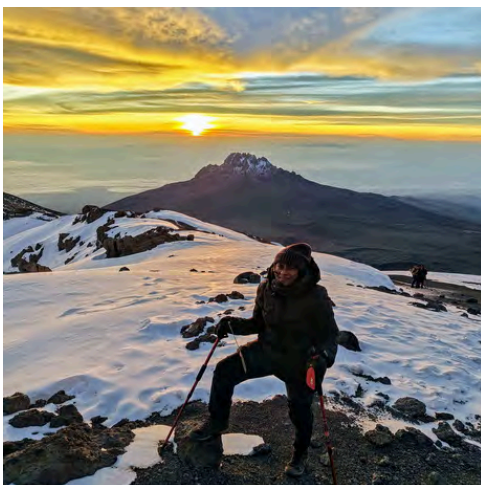


Achievements



As part of Women's day celebration, Rtn Dr Sumedha Nandakumar and Ann Abha Soni participated in the marathon organized by Dream Runners at Boat Club

Annet R. Dwarkaraja, son of Rtn Rojarajan and Ann Gomati, a class 1 student, secured second place in the National Science Olympiad 2024-25 and is the topper of his class



Ann Mala Vijayakumar spouse of PP Rtn Vijayakumar summited the great Mount Kilimanjaro in Tanzania, standing tall at 19,340 ft (5895m)! on 13th March.



RCCT in the news

The Medical Mobile Van Project by RCCT and Chennai Liver Foundation was covered in all the leading newspapers - both in English and Tamil with support from AG Elect PP Rtn Satish Jupiter.

Rtn Pravin

Public Relations Chair

Health on Wheels by RCCT and CLF

The Mobile Medical Van, a joint initiative by the Rotary Club of Chennai Towers (RCCT) and the Chennai Liver Foundation (CLF), has been a lifeline for underserved rural communities.

It conducts health camps focusing on diabetes, hypertension, viral hepatitis, and metabolic screenings.

Currently, the van provides testing for non-communicable diseases, liver disease screening, dental hygiene checks, and general consultations. Patients are linked to appropriate care when needed. Plans are underway to introduce a mobile



ultrasound to assess fatty liver disease, a growing health concern. By offering preventive healthcare, this initiative helps reduce the burden on

hospitals and aligns with Tamil Nadu's public health goals. "RCCT has been supporting health and education initiatives for the un-

derprivileged since 1998," says Club President Rtn Shalin Shah. Interested organizations can contact 73587 64200 for more information.

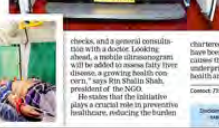
City NGO, hospital's initiative takes healthcare to rural communities

A collaborative initiative by the Rotary Club of Chennai Towers (RCCT) and the Chennai Liver Foundation (CLF), Mobile Medical Van is considered to be "a beacon of hope for rural communities."

"Over the years, we have conducted numerous health camps, focusing on diabetes, hypertension, viral hepatitis, and metabolic screenings through this initiative. Currently, the van provides testing for non-communicable diseases (diabetes and hypertension), liver disease screening, including viral hepatitis, dental hygiene



on hospitals for detecting disease early. It aligns with the Tamil Nadu government's public health goals by strengthening rural healthcare delivery. The project's uniqueness lies in its ability to offer comprehensive screenings and follow-up in remote areas with limited healthcare access. Additionally, data collected through these camps will be invaluable for future health interventions, helping policymakers and healthcare professionals develop targeted strategies. We have conducted over 40 camps, including one blood donation camp," he informs.



checks, and a general consultation with a doctor. Looking ahead, a mobile ultrasound will be added to assess fatty liver disease, a growing health concern," says Rtn Shalin Shah, president of the NGO. He states that the initiative plays a crucial role in preventive healthcare, reducing the burden

RCCT & CLF mobile medical van transforms rural healthcare

Chennai, Mar 4: The Mobile Medical Van, a collaborative initiative by the Rotary Club of Chennai Towers (RCCT) and the Chennai Liver Foundation (CLF), has been a beacon of hope for underserved rural communities. Over the years, it has conducted numerous health camps, focusing on diabetes, hypertension, viral hepatitis, and metabolic screenings.

Currently, the van provides testing for non-communicable diseases (diabetes & hypertension), liver disease screening including viral hepatitis, dental hygiene checks, and a general consultation with a doctor. Patients are linked to appropriate care wherever necessary. Looking ahead, a mobile ultrasound will be added to assess fatty liver disease, a growing health concern.

"Rotary Club of Chennai Towers (RCCT) was chartered in 1998. Over the years, we, the members of RCCT have been steadily



supporting various causes that improve the lives of the underprivileged - especially in the health

and education sectors," says the President of the Club Rtn Shalin Shah. Both CLF & RCCT

are actively seeking CSR support to expand their scope of work and reach more communities.

நபாநிம் மருத்துவ வான் ஸ்டாப் கிராமப்புற சுகாதாரம்

ரோட்டரி கிளப் ஆஃப் சென்னை டவுன்ஸ் (RCCT) மற்றும் சென்னை லிவர் பவுண்டேஷன் (CLF) கூட்டு முயற்சியாக உருவாக்கப்பட்ட நபாநிம் மருத்துவ வான் மக்கள் மருத்துவ சேவை அளித்து வருகிறது. இந்த நபாநிம் மருத்துவ வான் மூலமாக நீரிழிவு, உயர் ரத்த அழுத்தம், வைரஸ் தொண்டை, லைச்சிக் பாற்ற பரிசோதனைகள் ஆகியவற்றில் கவனம் செலுத்தி ஏராளமான கைதா முகாம்கள் நடத்தப்படுகின்றன.



தமிழகம், இந்த நபாநிம் மருத்துவ வான் மூலம் தொண்டை, மருத்துவ தொண்டை மருத்துவ சேவை வழங்கி திட்டமிட்ட உயர் ரத்த அழுத்தம், ரோட்டரி கிளப் ஆஃப் சென்னை டவுன்ஸ், சென்னை லிவர் பவுண்டேஷன் ஆகியவை நபாநிம் கிளப்பின் மூலமாக மேம்படுத்தப்பட்ட நபாநிம் மருத்துவ வான் மூலமாக மருத்துவ வசதிகளை இயைக்கிறது இந்த முயற்சியை விரிவுபடுத்த உள்ளன. இதுமூலம் ரோட்டரி கிளப் சமீப காலமாக ஏராளமான கைதா முகாம்கள், நபாநிம் மருத்துவ 500 நபாநிம் கைதா முகாம்கள் மூலம் சென்னை செல்லு வருகின்றன. கூடுதல் ஆண்டு காலமாக நபாநிம் ஆண்டு அறிவார் வரை 4000-க்கும் மேற்பட்ட நபாநிம் மருத்துவ சேவை அளித்துள்ளோம். மேலும் 2 மருத்துவ முகாம்கள் உள்பட 40 மருத்துவ முகாம்களை நடத்தியுள்ளோம் என்றார்.

Mobile Medical Van: Transforming Rural Healthcare Health on Wheels by RCCT & CLF

The Mobile Medical Van, a collaborative initiative by the Rotary Club of Chennai Towers (RCCT) and the Chennai Liver Foundation (CLF), has been a beacon of hope for underserved rural communities. Over the years, it has conducted numerous health camps, focusing on diabetes, hypertension, viral hepatitis, and metabolic screenings.



Currently, the van provides testing for non-communicable diseases (diabetes & hypertension), liver disease screening including viral hepatitis, dental hygiene checks, and a general consultation with a doctor. Patients are linked to appropriate care wherever necessary. Looking ahead, a mobile ultrasound will be added to assess fatty liver disease, a growing health concern.



This initiative plays a crucial role in preventive healthcare, reducing the burden on hospitals by detecting diseases early. It aligns with the Tamil Nadu government's public health goals by strengthening rural healthcare delivery. The project's uniqueness lies in its ability to offer comprehensive screenings and follow-up in remote areas with limited healthcare access. Additionally, data collected through these camps will be invaluable for future health interventions, helping policymakers and healthcare professionals develop targeted strategies.

Both CLF & RCCT are actively seeking CSR support to expand their scope of work and reach more communities. To support this initiative, connect with them at +91 7358-764200.

MOBILE MEDICAL VAN TAKES HEALTHCARE RURAL

DC CORRESPONDENT CHENNAI:

The Chennai Liver Foundation (CLF) and the Rotary Club of Chennai Towers (RCCT) launched a mobile medical van, offering testing for non-communicable diseases such as diabetes and hypertension, liver disease screenings including viral hepatitis, dental hygiene checks, and general consultations with doctors for underserved rural communities.

Since its inception, the mobile medical van has conducted 40 health camps, including two blood donation camps. Highlighting the Rotary Club's commitment to social causes, Shalin Shah, President, RCCT, stated, "Over the years, we have steadily support-

ed various causes that improve the lives of the underprivileged, especially in health and education."

To expand its services, the initiative plans to introduce a mobile ultrasound to assess fatty liver disease, a growing health concern among the people. The patients in need of further treatment are linked to appropriate care. It provides comprehensive screenings and follow-ups in remote areas where healthcare access is limited. Additionally, data collected from these health camps will be invaluable in shaping future health interventions, helping policymakers and healthcare professionals develop targeted strategies to address pressing health concerns.

Wedding Anniversaries

RCCT extends warm wedding anniversary wishes to the lovely couples celebrating their special day in March. Congratulations!

Rtn Krishnakumar and
Ann Archana



Rtn Padmaja and
Spouse Venket

KNOW YOUR ROTARIAN



D.S Shyam Sundar



Name: D.S Shyam Sundar

I am also called : Shamy

My family: Shyam, Lakshmi, Vybhav, Shradha
& Mylo

My birthday: 27/8/82

My profession: Building Homes

My strength: Staying positive

My weakness: Food

My Asset: Building Bonds

Most memorable moment in my life:
24/02/2008

Pastime I enjoy most: Movie & Travel

My interests: Sports

My motto: Fulfill my aims & beliefs

My goal: Exceed all limits

Bulletin Team:

President: Shalin Shah | Secretary: Sanjey Ahuja

Editor: Rtn Padmaja Venketram | Co – editor: Ann Anuradha Prasad